

Dear River Valley Families,

I hope this letter finds you, your child, and your families all healthy and well. As we enter a brand new normal, we understand every family is managing different work, time, and family obligations and that this is a stressful time for many. Please know our number one priority is to maintain relationships with your children, our students, and to continue to provide you with the best services possible.

River Valley School District’s school counselors and school psychologists realize some of us are experiencing life challenges we never expected. It is important to seek help when needed. The resources below can offer support, help, and assistance. If life has become too overwhelming or if you simply have a question, please consider connecting with one of us at River Valley or with any of the other resources below. We hope to see your child again soon. Please take care.

River Valley Counseling and Psychological Staff		
ELC and RVE School Counselor	Stacy Hauden	shauden@rvschools.org
Middle School Counselor	Holly Lochner	hlochner@rvschools.org
High School Counselor	Mitch Heinemeyer	mheinemeyer@rvschools.org
High School Counselor	Missy Hilliard	mhilliard@rvschools.org
District School Psychologist	Claire Knoll	cknoll@rvschools.org
Pupil Services Director/School Psychologist	Lisa Kjos	lkjos@rvschools.org

Police	
Arena Police Department	(608) 753-2297
Lone Rock Police Department	(608) 583-2930
Plain Police Department	(608) 546-2034
Spring Green Police Department	(608) 588-2125
Richland Cty Sheriff Police Department	(608) 647-2106

24 Hour Emergency Crisis Numbers	
Emergency	911
Sauk County	1-800-533-5692
Iowa County	1-800-362-5717
Richland County	(608) 647-2106
Dane County	(608) 280-2600
Suicide Prevention Lifeline	1-800-273-8255
Madison /Dane Co	(608) 280-2600

County Services	
Sauk County Human Services	(608) 355-4200
Iowa County Social Services	(608) 930-9801

Richland County Health & Human Services	(608) 647-8821
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Domestic, Child & Sexual Abuse	
Hope House	(608) 356-7500 or 1-800-584-6790
Passages	(608) 647-8775 or 1-800-236-4325
Sauk County Child Protective Services	(608) 355-4200
Iowa County Child Protective Services	(608) 930-9801
Richland County Child Protective Services	(608) 647-8821
Rape Crisis Center	(608) 251-5126 or (608) 251-7273 (Crisis line)